

xR6000s

FUELING THE MOST COMFORTABLE AND EFFECTIVE RECUMBENT WORKOUTS

Offer comfortable challenges and variety in workouts with the unique xRide® recumbent elliptical, which delivers incredible effectiveness to exercisers of different ages and fitness levels.

OCTANE ADVANTAGES

- 210-degree swivel seat
- Side platforms
- Upper/lower-body isolation
- Active Seat Position™
- Step-through design
- Simple start-up



POWERSTROKE™

Facilitates leg extension to engage more muscles, burn calories and help achieve optimal results from a seated position.



SWIVEL SEAT

To maximize ease of entry and exit, the swivel seat turns +/- 210 degrees to comfortably accommodate exercisers.



CUSTOMIZED COMFORT

The Active Seat Position is designed for different size exercisers by offering multiple tilt and height adjustments for the perfect fit and superior comfort.



UPPER AND LOWER-BODY ISOLATION

Users can complete total-body workouts, or exclusively target their upper or lower body during intervals for variety.

WHO USES OCTANE?

HEALTH CLUBS

24 Hour Fitness
Anytime Fitness
Athletes' Performance, Inc. (EXOS)
Crunch
Equinox
Gold's Gym
Life Time Fitness
Powerhouse Gyms
Retro Fitness
Snap Fitness
UFC Gym
YMCA

COLLEGES/ UNIVERSITIES

Columbia University
Duke University
Georgetown
Michigan State University
Texas A&M
UMASS
University of Iowa
University of Kentucky
University of Minnesota
University of Wisconsin

CORPORATE WELLNESS CENTERS

Anheuser-Busch
Delta Air Lines
Facebook
Ford Motor Company
General Electric
Alphabet, Inc. (Google)
Intel
Johnson & Johnson
Procter & Gamble
Reebok Corporation

MILITARY/ GOVERNMENT

Naval Special Warfare
Group Four
Fort Bragg (Special Operations)
Joint Bas Langley - Eustis
Macdill Air Force Base
(Special Operations Command)
UK Ministry of Defence
Nellis Air Force Base
Patrick Air Force Base
Scott Air Force Base
U.S. Coast Guard
U.S. Naval Academy

MULTIGRIP HANDLES

More effectively activate
the upper body and offer
multiple hand
placement options

ENTERTAINMENT OPTIONS

Choose from a smart
or standard console, plus
a personal viewing
screen or
900 Mhz

PUSH/PULL

Fully engage the chest, back
and arm muscles with a long
range of motion when pushing
and pulling

STATIONARY FOOT PEGS

Periodically isolate
the upper body by taking
the legs out of
the action

POWERSTROKE™

Facilitates a longer ellipse motion,
forward and backward, for a greater
challenge to muscles and more
productive workouts

SWIVEL SEAT

Simplifies entry and exit with
+/- 210 degree swivel to
maximize ease of use

SIDE PLATFORMS

Raised platforms provide a sturdy
foundation when getting on and off the
machine



xR6000S SPECIFICATIONS

• Standard ◦ Optional

KEY MECHANICAL FEATURES

Swivel seat	210°
Side platforms	•
Oversized platform	•
Walk-through design	•
Oversized soft grip pedals	•
Stationary footpegs	•
Seat height adjustments	20
Seat tilt adjustments	•
MultiGrip™ handlebars	•
1-time adjustable handlebar position	•
Stationary handlebars	•
Phone holder	•
Water bottle holder	•
Tablet/reading rack*	•
Transport wheels	•
Moving handlebar lock-out option	◦
Pedal straps	◦

ELECTRONIC FEATURES

Resistance levels	30
Digital contact heart rate on stationary handlebars	•
Wireless heart rate ready (ANT+™ and Polar®)	•
Fingertip controls on stationary handles	•
Console fan (3 speeds)	•
Self-powered (standard console only)	•
Mobile device charging via USB port	•
Replaceable headphone jack	•
CSAFE® compatible	•

CONSOLE OPTIONS

Smart	10" (25.4 cm) capacitive touch screen
Standard	Large LED display with integrated capacitive buttons

ENTERTAINMENT OPTIONS

Personal Viewing Screen	◦
Wireless 900 Mhz	◦

WORKOUTS

Number of programs	14
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PRESET RESISTANCE PROGRAMS

Manual	•
Random	•
Interval	•
Hill	•
Distance goal	•
Calorie goal	•

HEART RATE-CONTROLLED PROGRAMS

Fat Burn	•
Heart Rate Interval	•
Heart Rate Hill	•
Heart Rate Speed Interval	•

ADVANCED PROGRAMS

30:30 Interval	•
MMA	•
Constant Watts	•
Constant METs	•

WORKOUT BOOSTERS

X-Mode™	•
Leg Press	•
Chest Press	•

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 Kg)
Footprint (W x L)	39" x 72" (99 cm x 183 cm)
Product weight	339 lbs (154 Kg)

WARRANTY

Frame	10 years
Parts	3 years
Labor	1 year

Warranty outside the US and Canada may vary.

SMART CONSOLE



STANDARD CONSOLE



PERSONAL VIEWING SCREEN

